

**“There is nothing
permanent except change”**

Heraclitus

540 - 470 BC

Fears

- 60% Fears unwarranted
- 20% Fears already past
- 10% Petty - Doesn't make difference
- 10% Real Fears
 - 1-4% Real + Justified +
Can't do anything about it
 - 2% Can solve easily by action
 - 1-4% Real + Justified

F False

E Evidence

A Appearing

R Real

Intra
(me/me)

Personal

Conflicts

Inter-personal

(you/me)

Personal/Functional
(me/work)

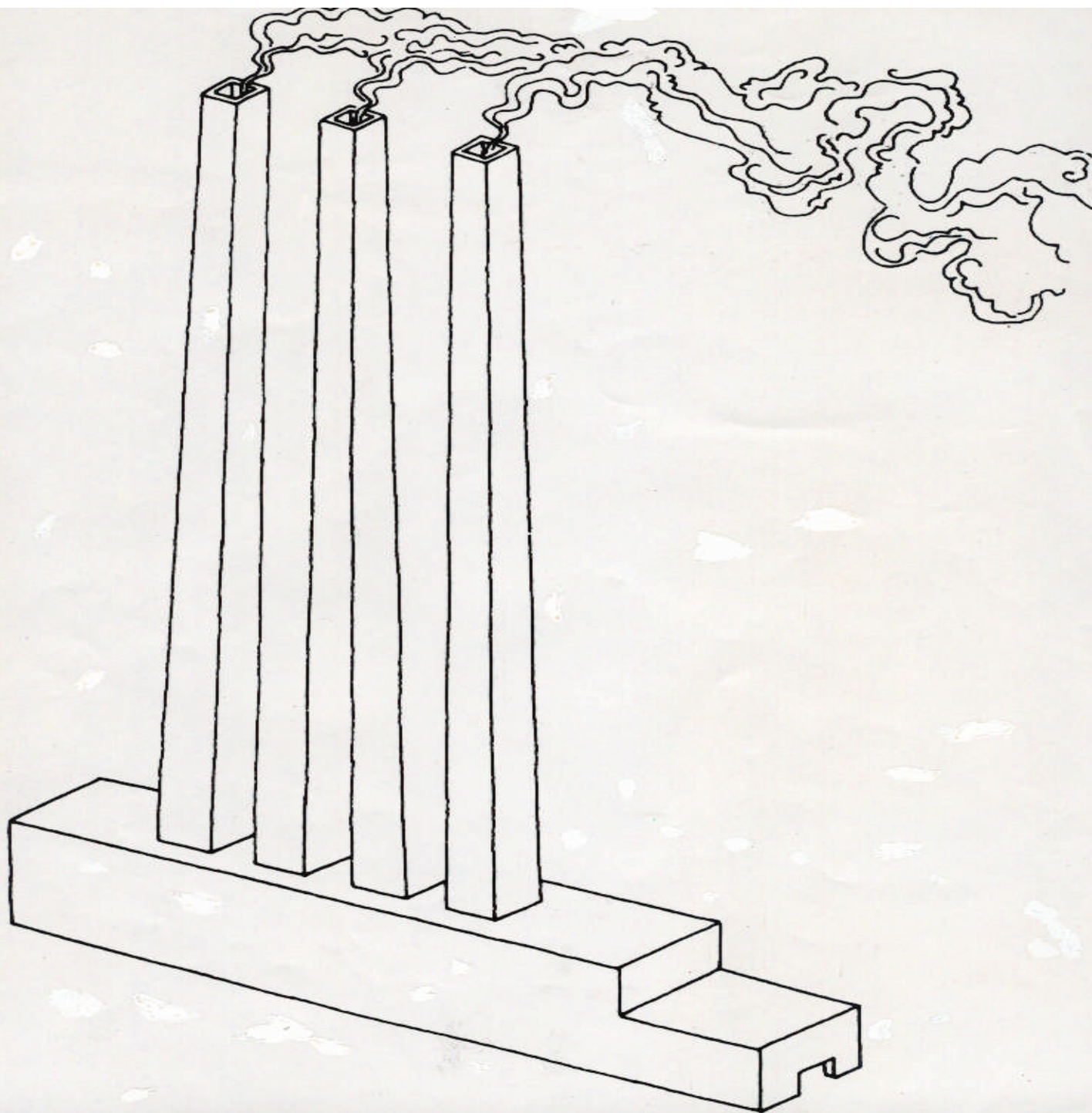
**Energy
Drainers**



BK

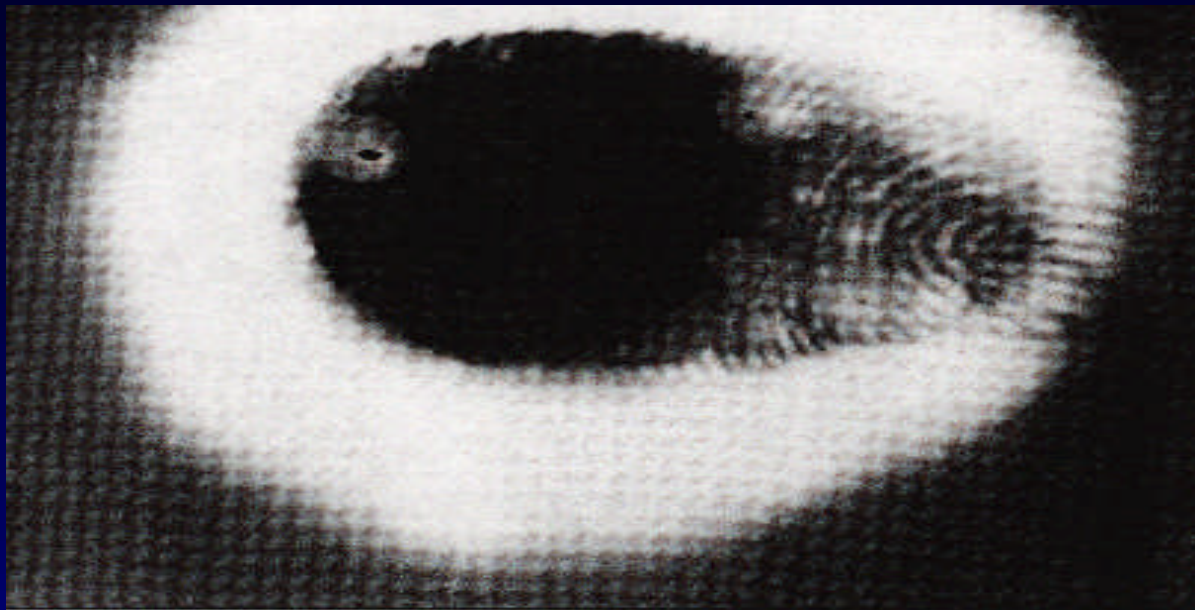
**Behavioral
Kinesiology**

Paradigm Shift

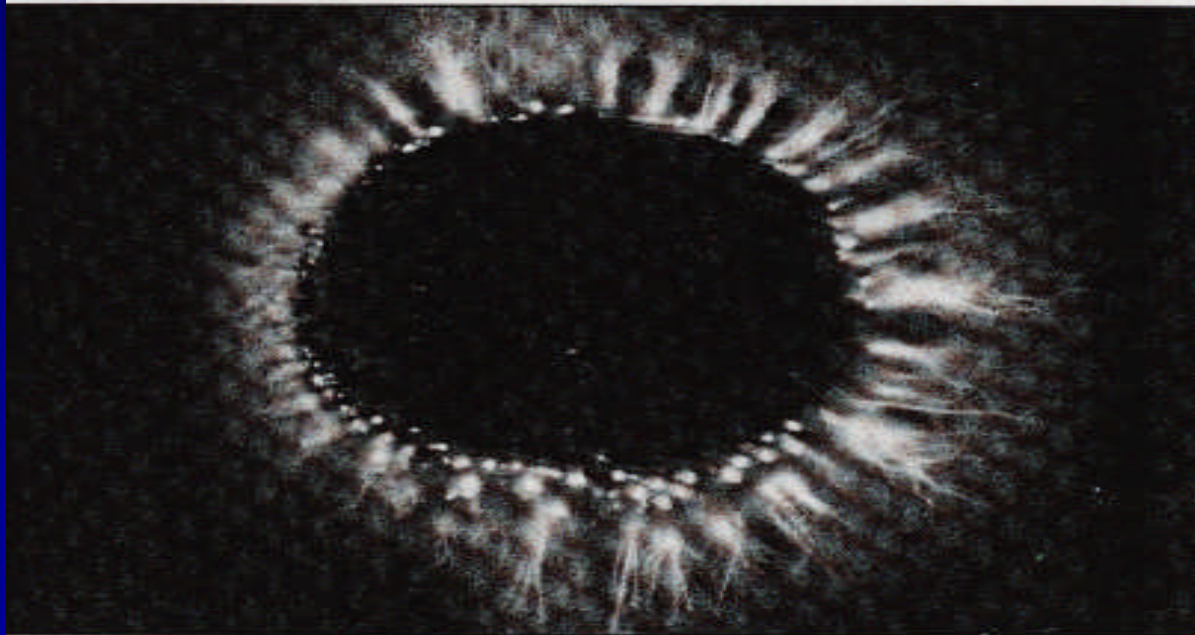


Meridian Lines

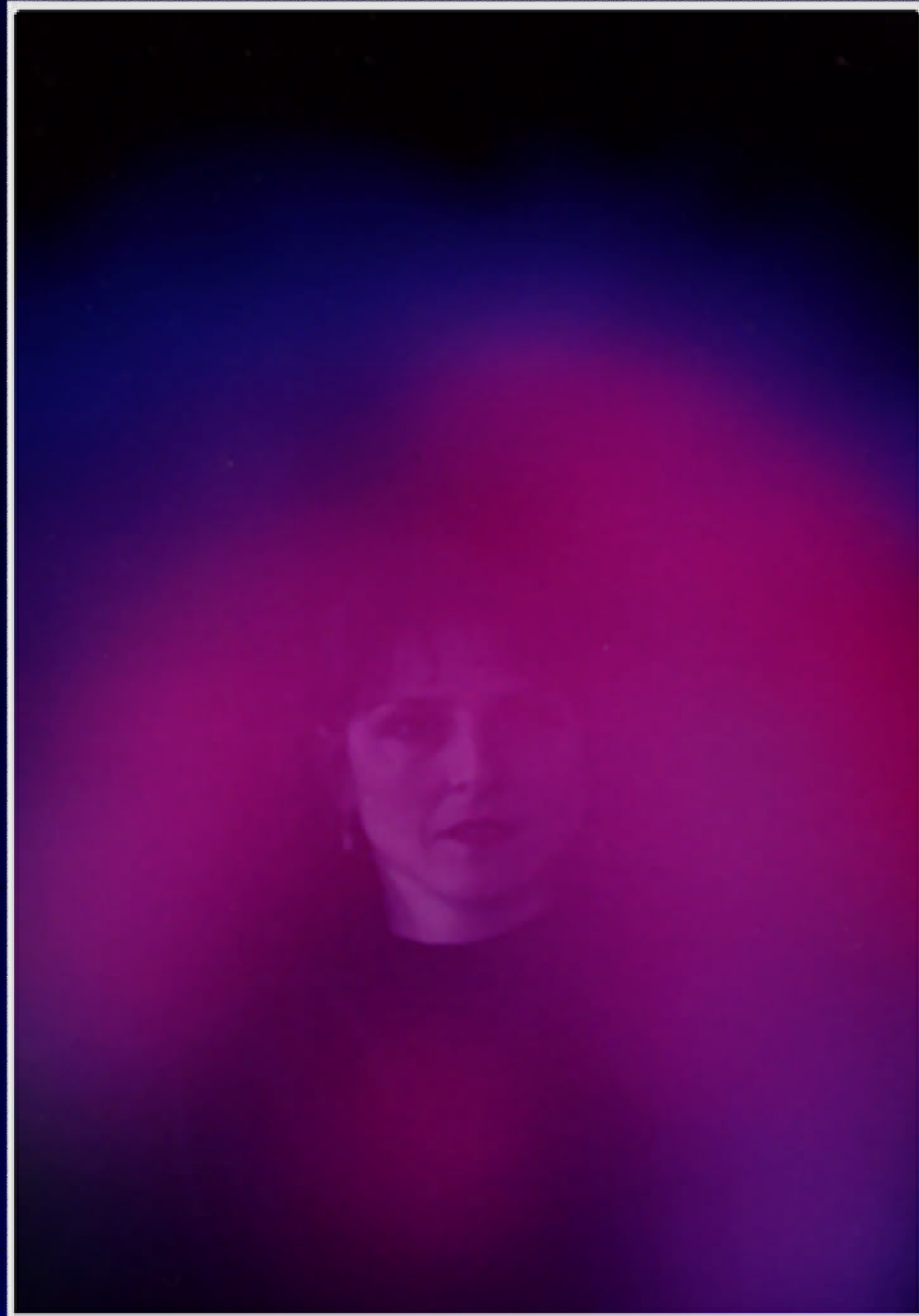
Stomach
Spleen

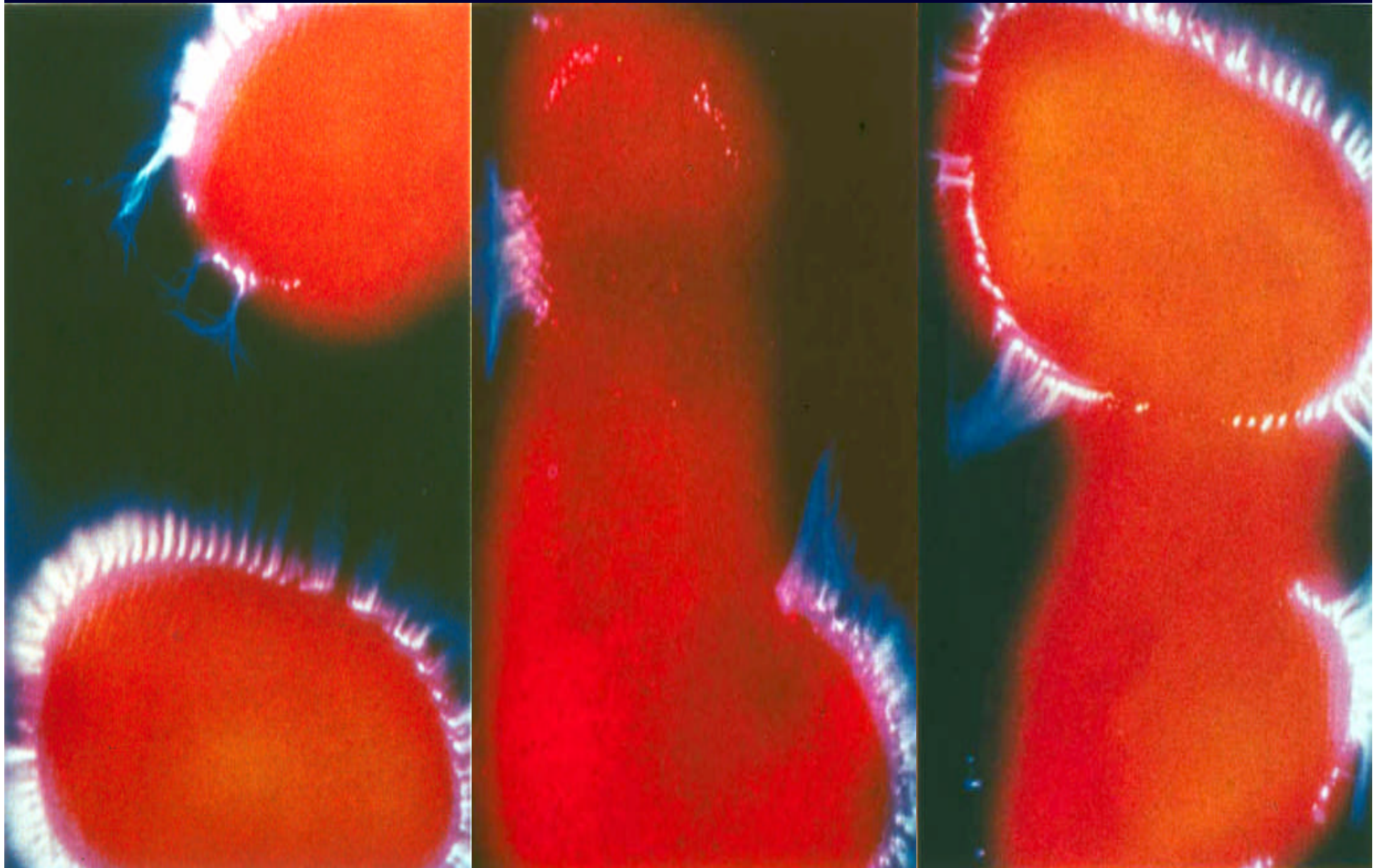


Kirlian photo of a fingertip of a person while having loving thoughts.



Kirlian photo of a fingertip of a person while having angry thoughts.





Thymus Gland

**Second button down,
An inch or two
below the hollow**

Muscle Checking History

1912 - Dr Robert Lovett - Harvard Medical School

1922 - Dr Charles Lowman - Orthopedic Surgeon

1936 - Henry and Florence Kendall – Physical Therapists

1960 - Dr George Goodhart - Applied Kinesiology

1980 - Dr John Diamond - Behavioral Kinesiology

1981 - Dr Paul Dennison - Educational Kinesiology

Brain Gym International

(Formerly Educational Kinesiology Foundation)

**From Learning Disabilities
To Olympic Performance**

Call - 800 356-2109

www.BrainGym.org

Perceptual and Motor Skills - 1999

- Volunteers said truthful statement
 - Their name
- Volunteers said a false statement
 - Not their name

Perceptual and Motor Skills - 1999

Sophisticated Equipment

- Measurements
 - Pressure person checking applied
 - Resistance of person being checked
- Variables
 - How long able to keep arm up
 - Amount of force to push arm down

Perceptual and Motor Skills - 1999

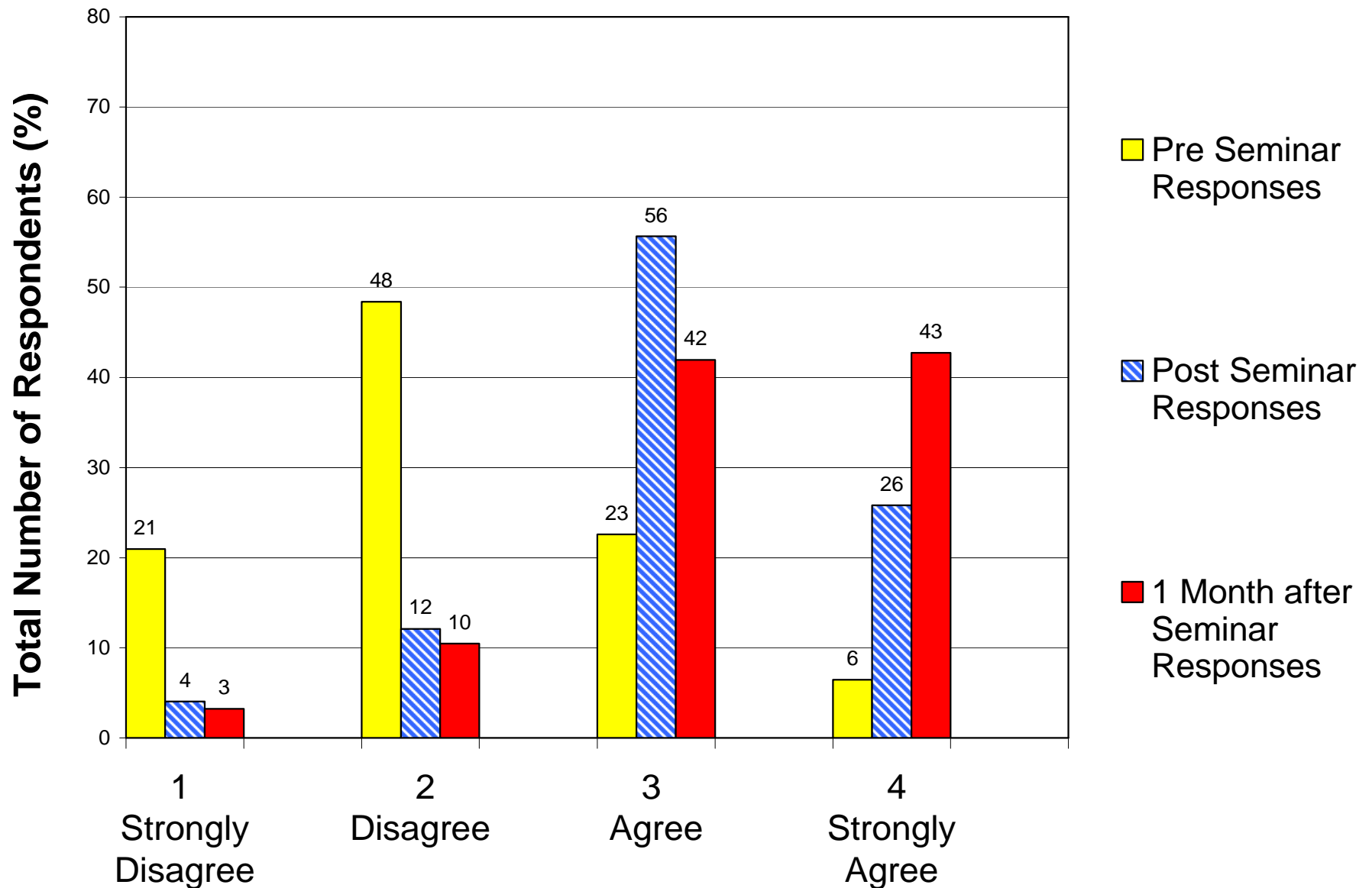
Results

- **False Statements**
Pushed Arm Down
58.9% faster
- **Amount of Force**
Used 17.2% less pressure

Switched-On Selling

COMPARISON: PRE, POST and ONE MONTH AFTER COURSE

It Is Easy For Me To Make Cold Calls In Person



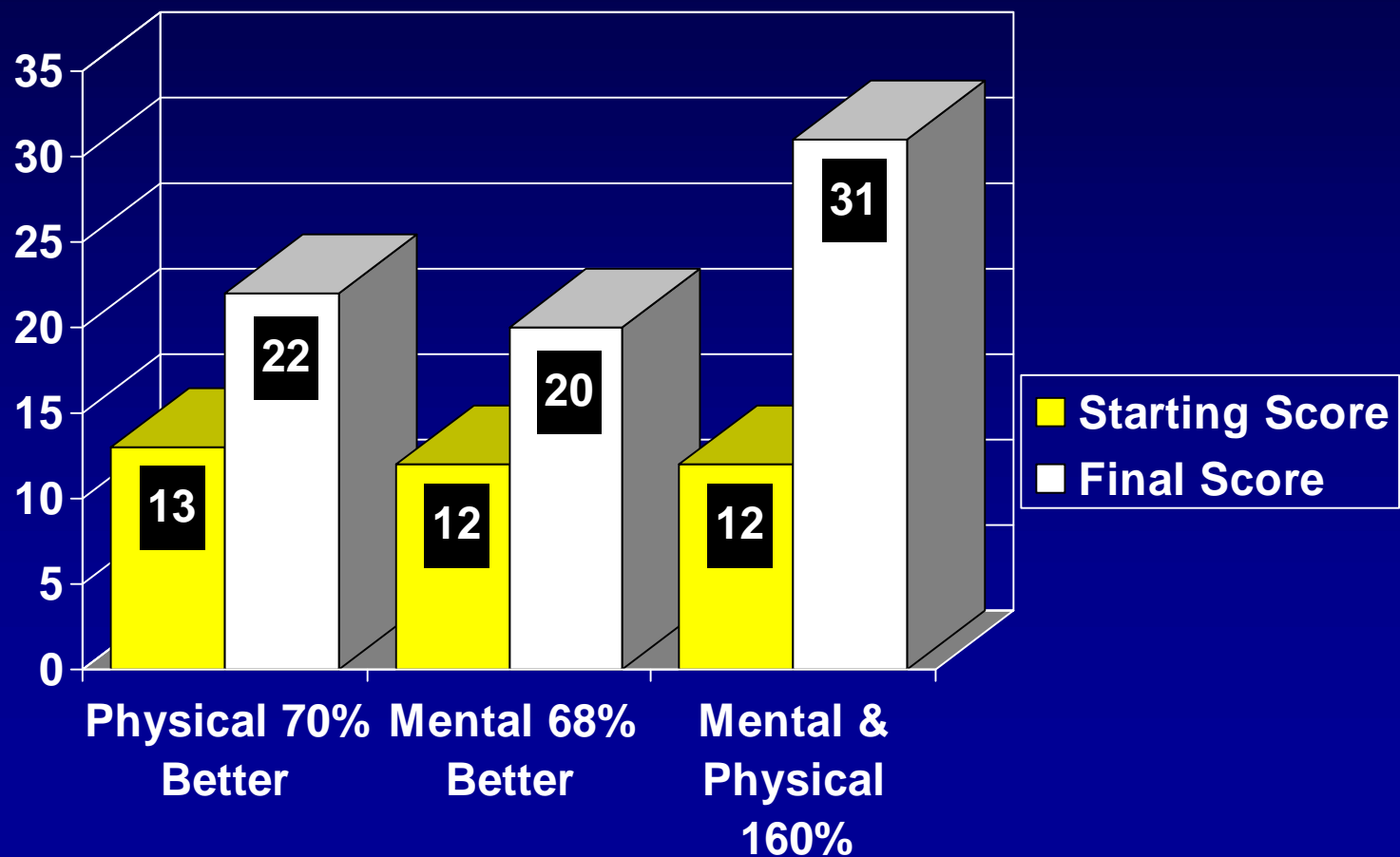
*Pre and Post SOS respondents limited to those who returned 1 month Later survey

Switched-On Network Marketing

**Switched-On
Management**

Switched-On Golf

Performance Enhancement Through Visualization



Southern Medical Journal - 1988

- **Dr Randolph Byrd - U of C Medical School**
- **400 Coronary care patients**
- **Two groups - same medical care**
- **Double blind study**
- **One group prayed for by**
 - **Protestant and Catholic prayer groups**
 - **Throughout the United States**

The Prayed for Groups Results

- **Less congestive heart failure**
- **5 X less need for antibiotics**
- **4 X less pneumonia**
- **4 X less need to be resuscitated**

Aids Study

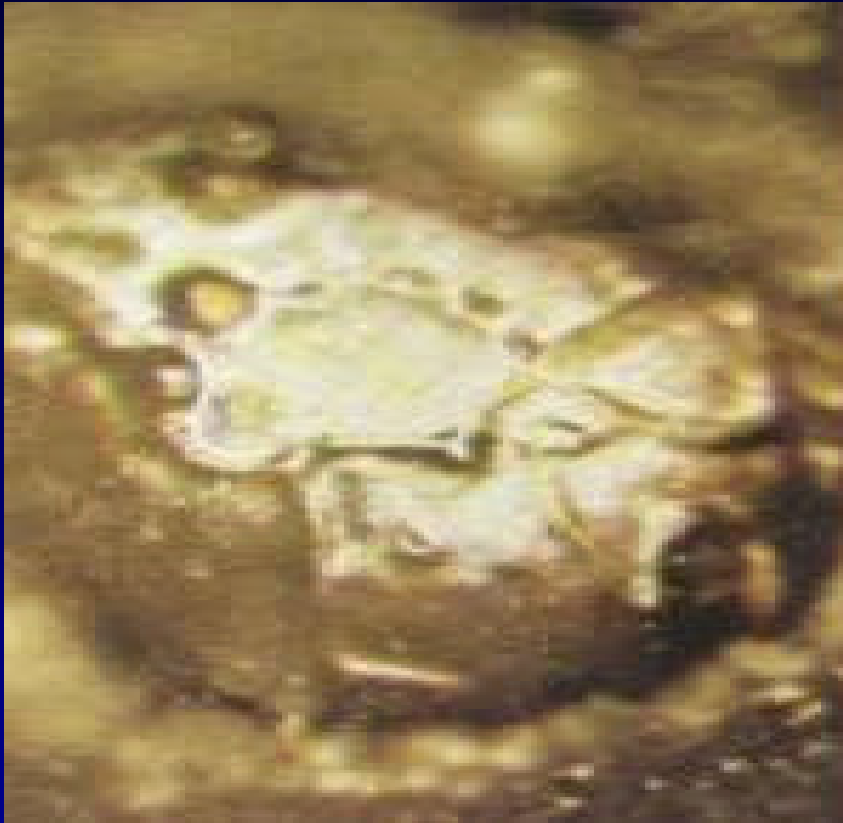
- **40 patients divided into 2 groups**
- **one group prayed for by 10 people**
- **10 different religions and traditions**
- **prayed for 1 hour per day for 1 week**

The Results 6 Months Later

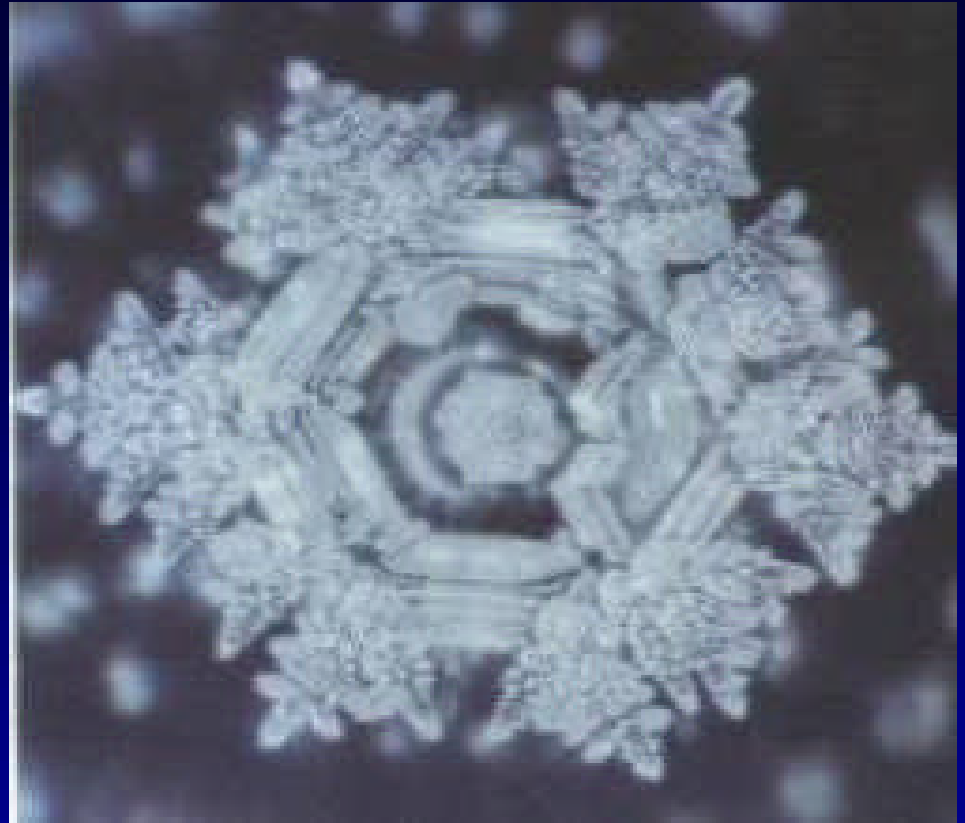
- **Controls - 68 days in hospital**
- **Prayed for - 10 days in hospital**
- **Prayed for**
 - **less severe aids related diseases**
 - **less emotional stress**

The Hidden Messages In Water by Masaru Emoto

- Japanese scientist
- Crystals formed in frozen water
- Crystals changed with thoughts
 - Impact of music
 - Impact of pollution



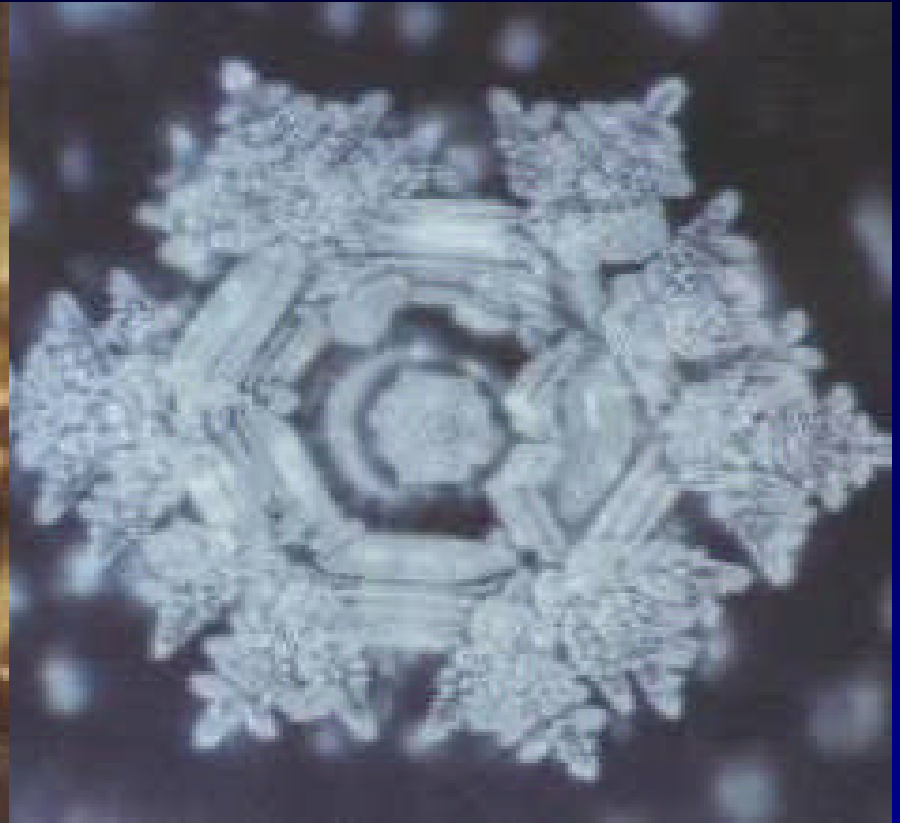
Lake Water Before Prayer



Lake Water After Prayer



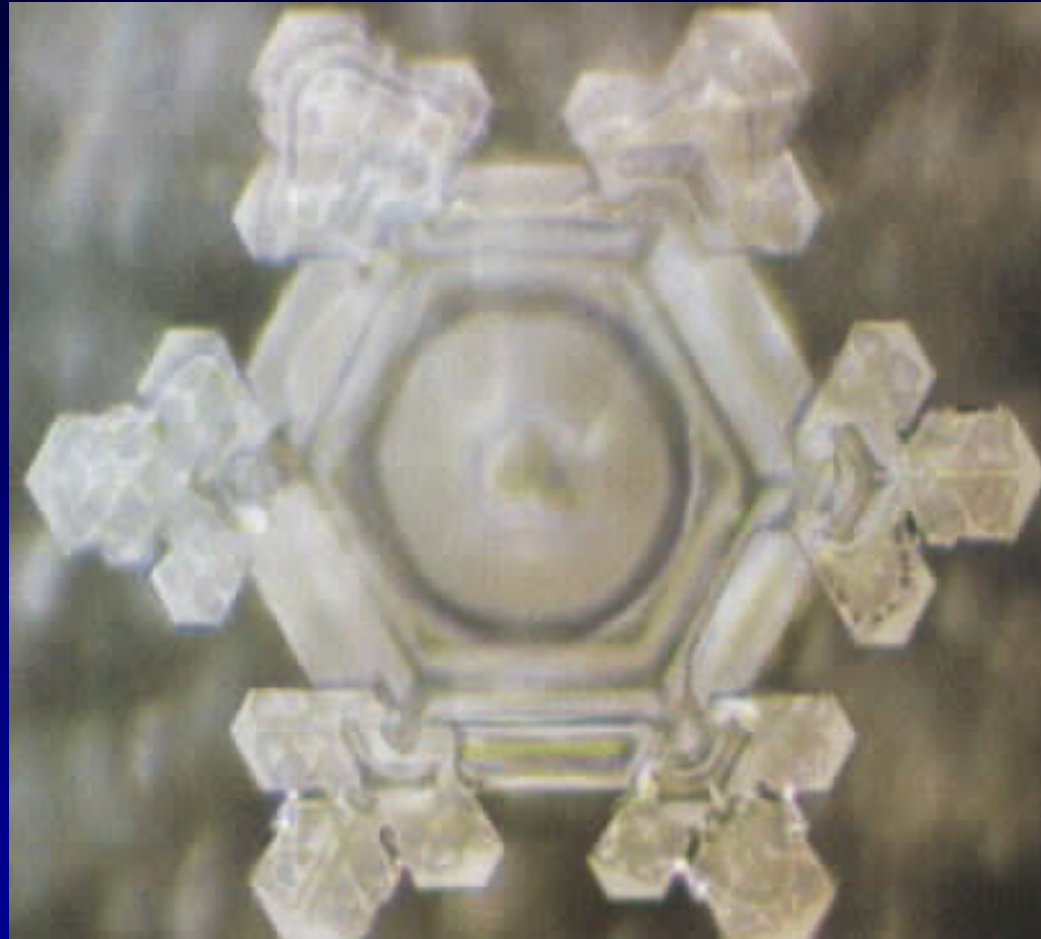
Lake Water Before Prayer



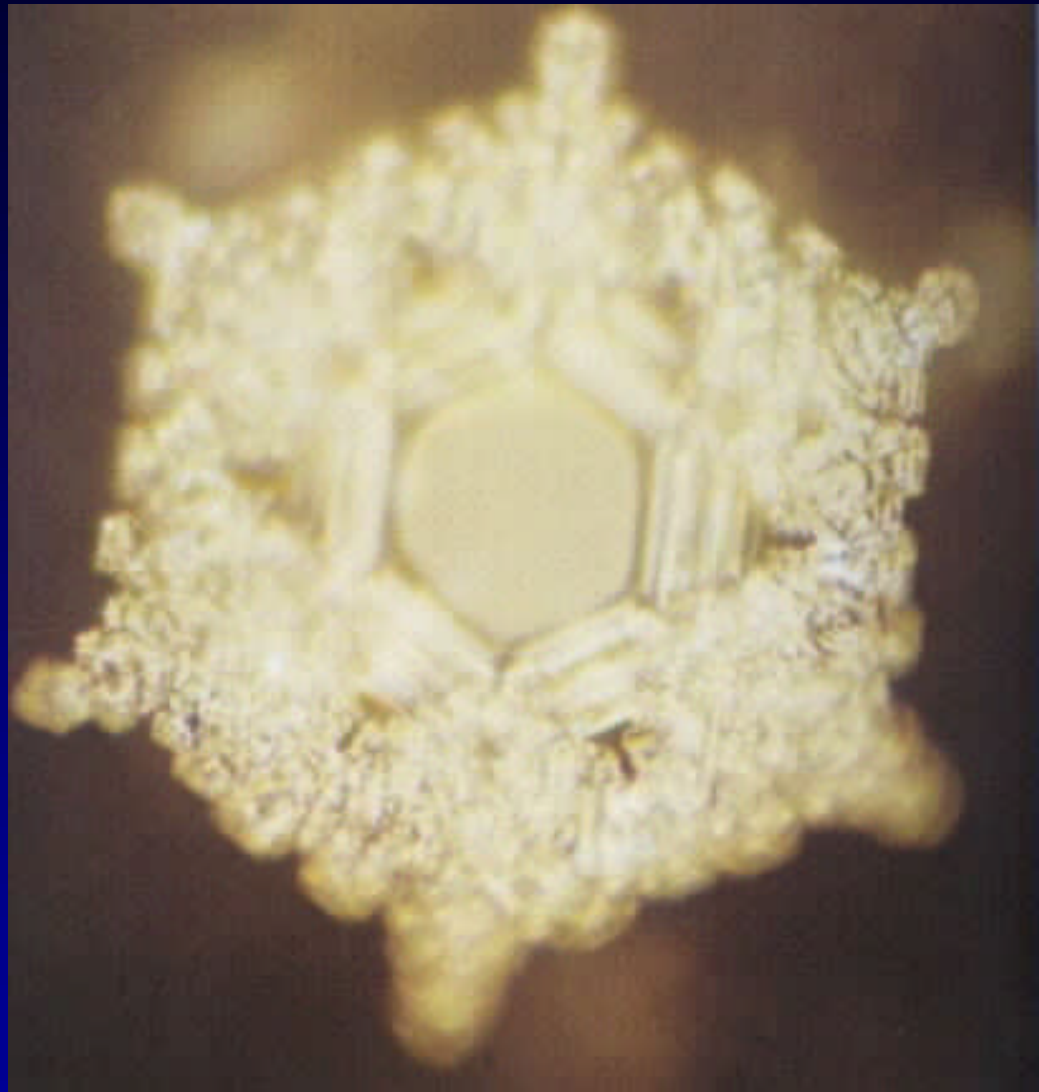
Lake Water After Prayer



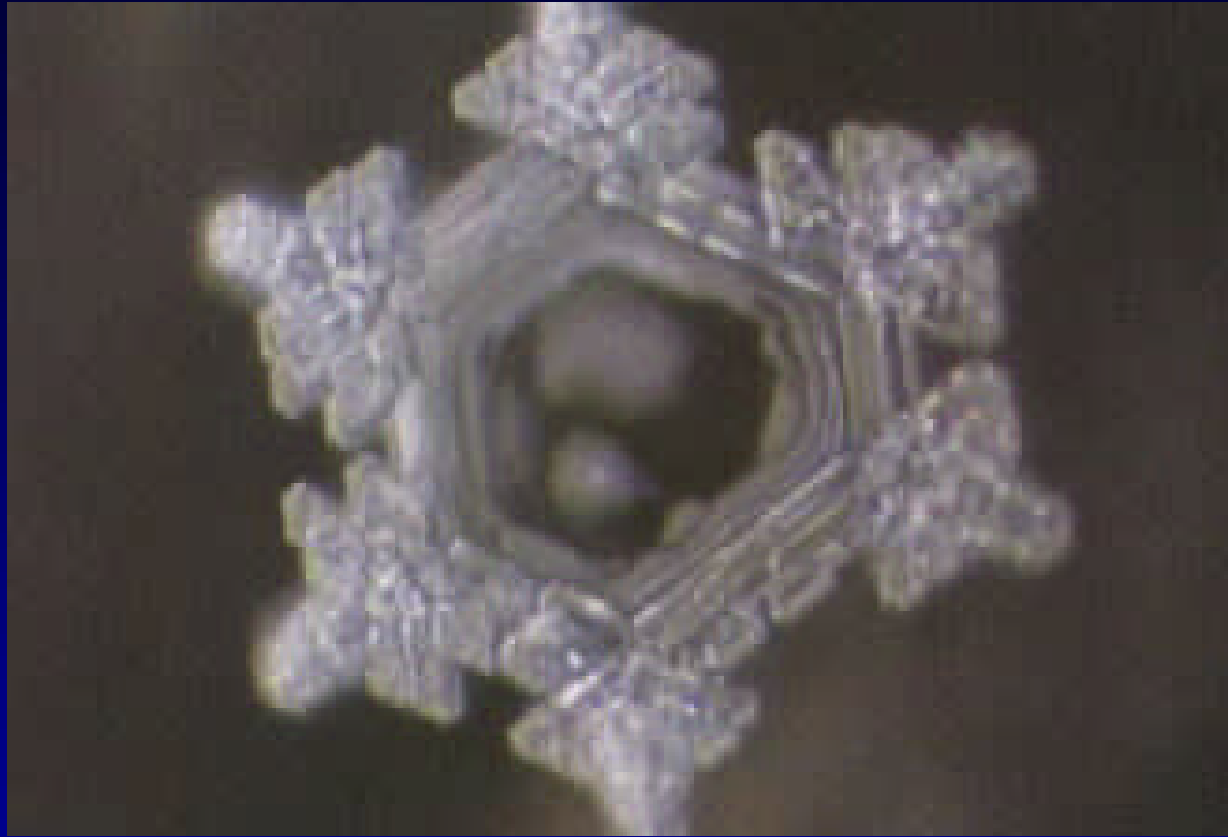
The Words – You Fool



Thank You



Love and Gratitude



The Words – You're Cute



Children Said “You Are Beautiful” Several Times

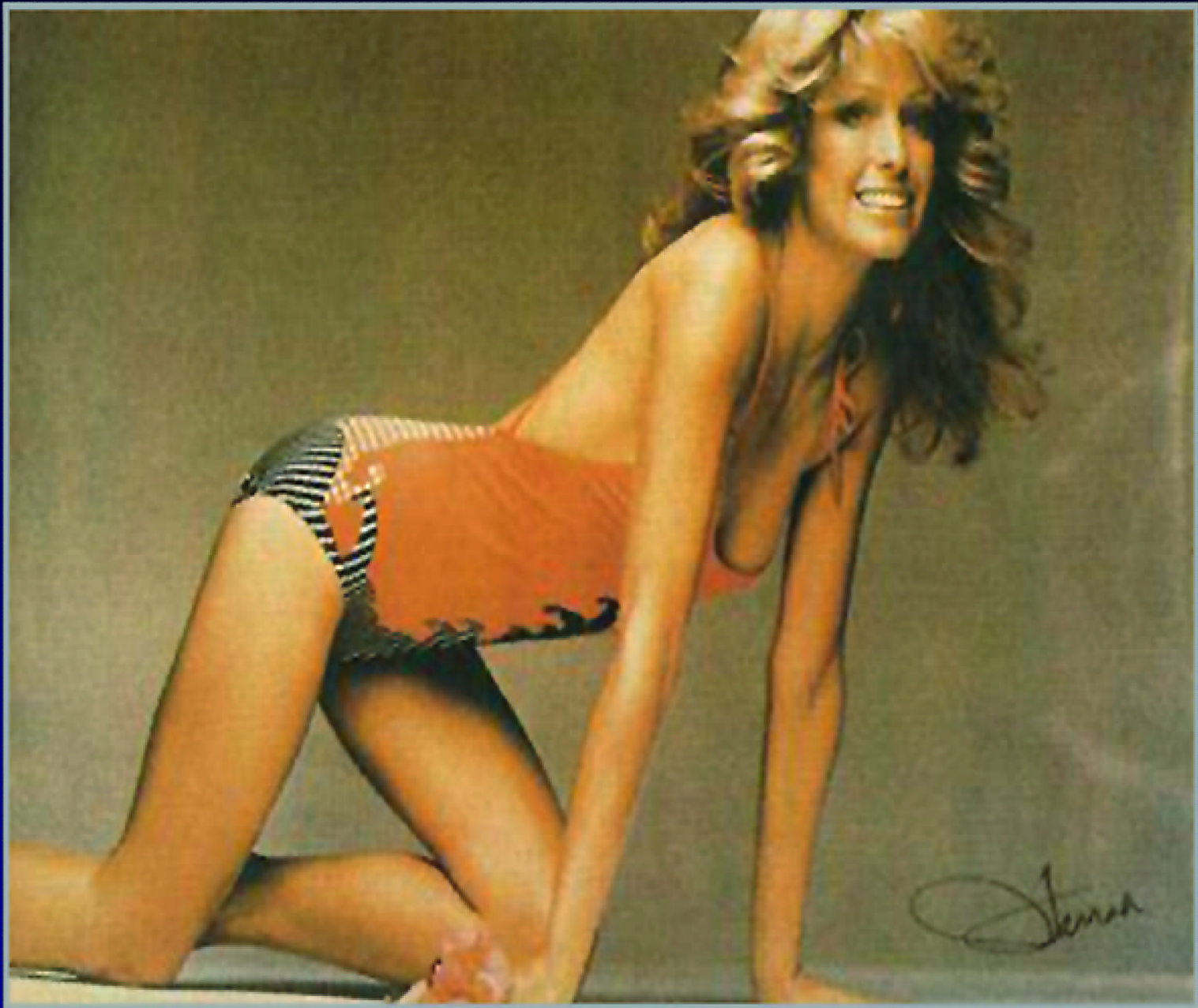


Children Said “You Are Beautiful” Many Times













CAN ANYONE SAVE BASEBALL?

By Robert Lipsyte

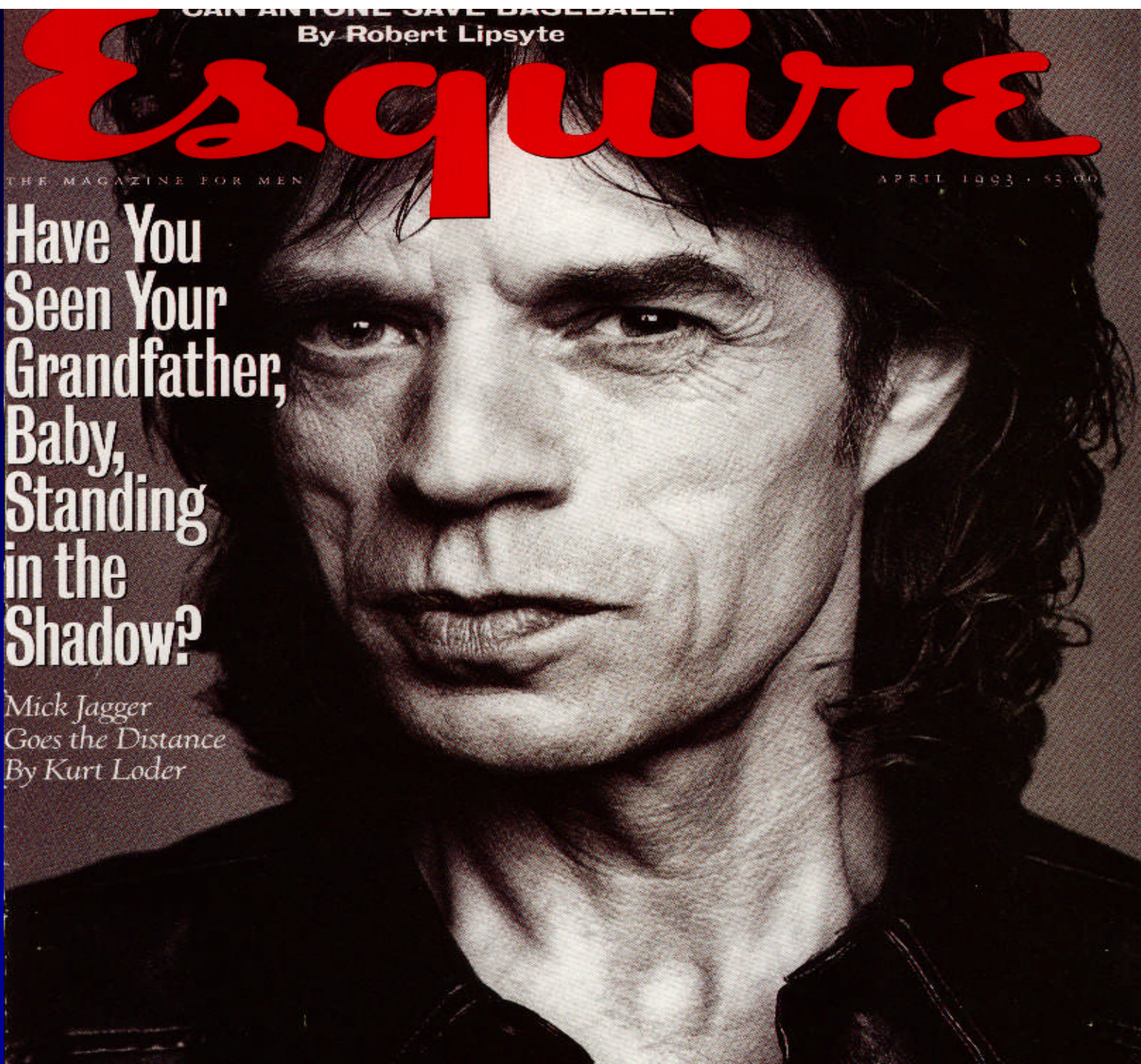
Esquire

THE MAGAZINE FOR MEN

APRIL 1993 • \$3.00

Have You
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Mick Jagger
Goes the Distance
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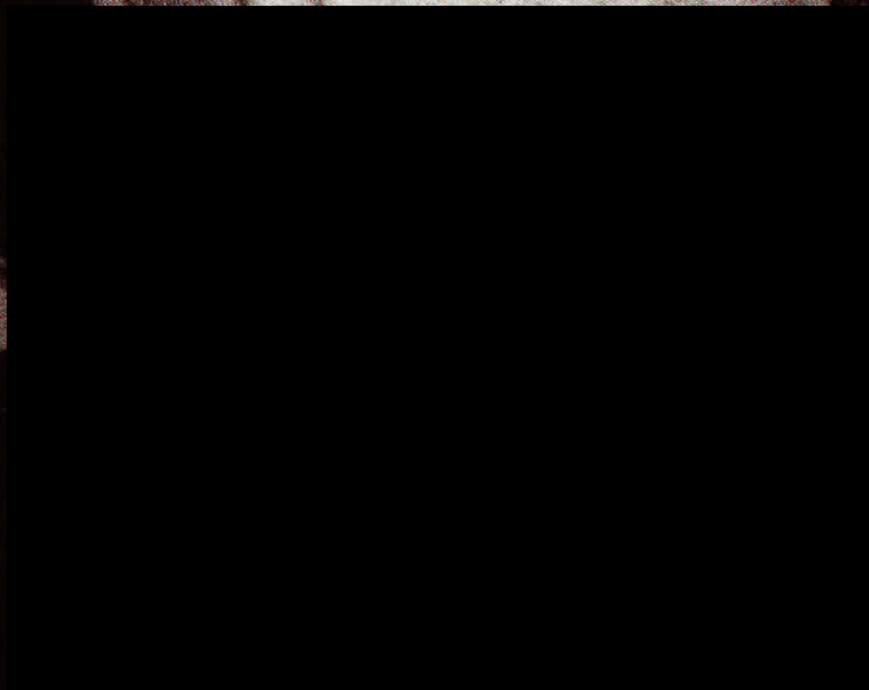
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Learning 2001

Volume 3, Number 1

Spring, 1992

Carlson Learning Company Journal

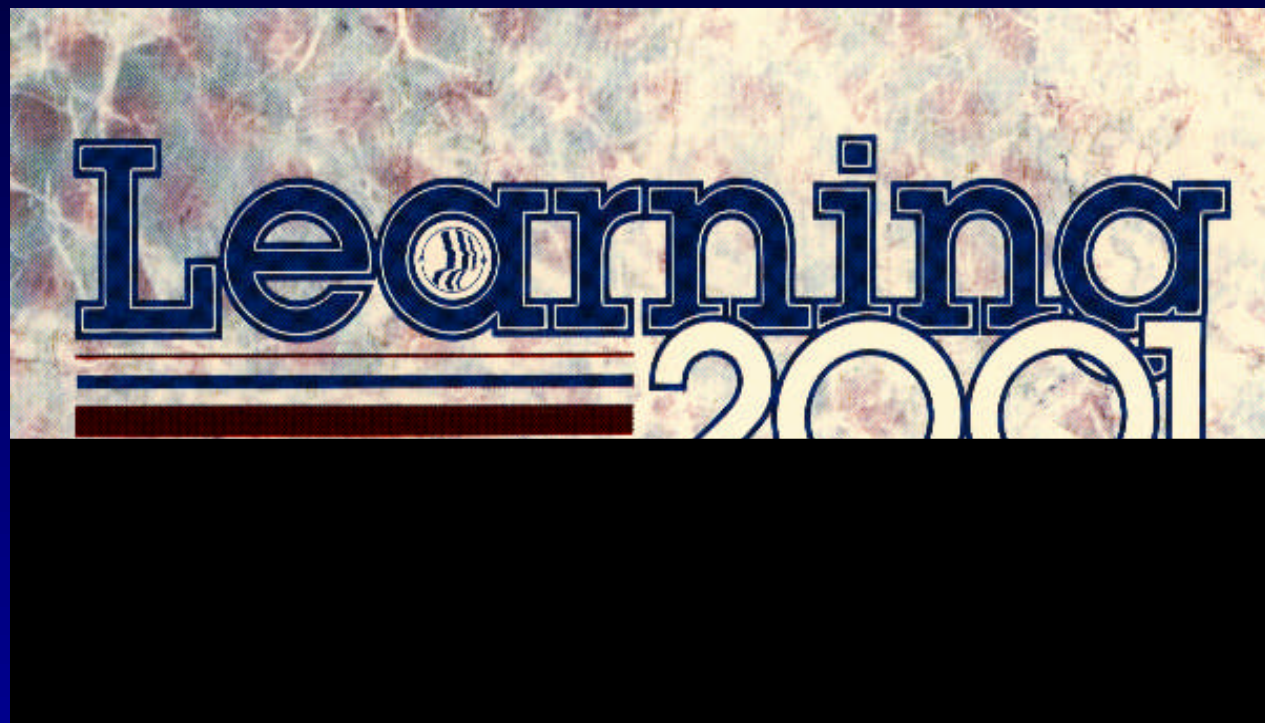
Learning 2001

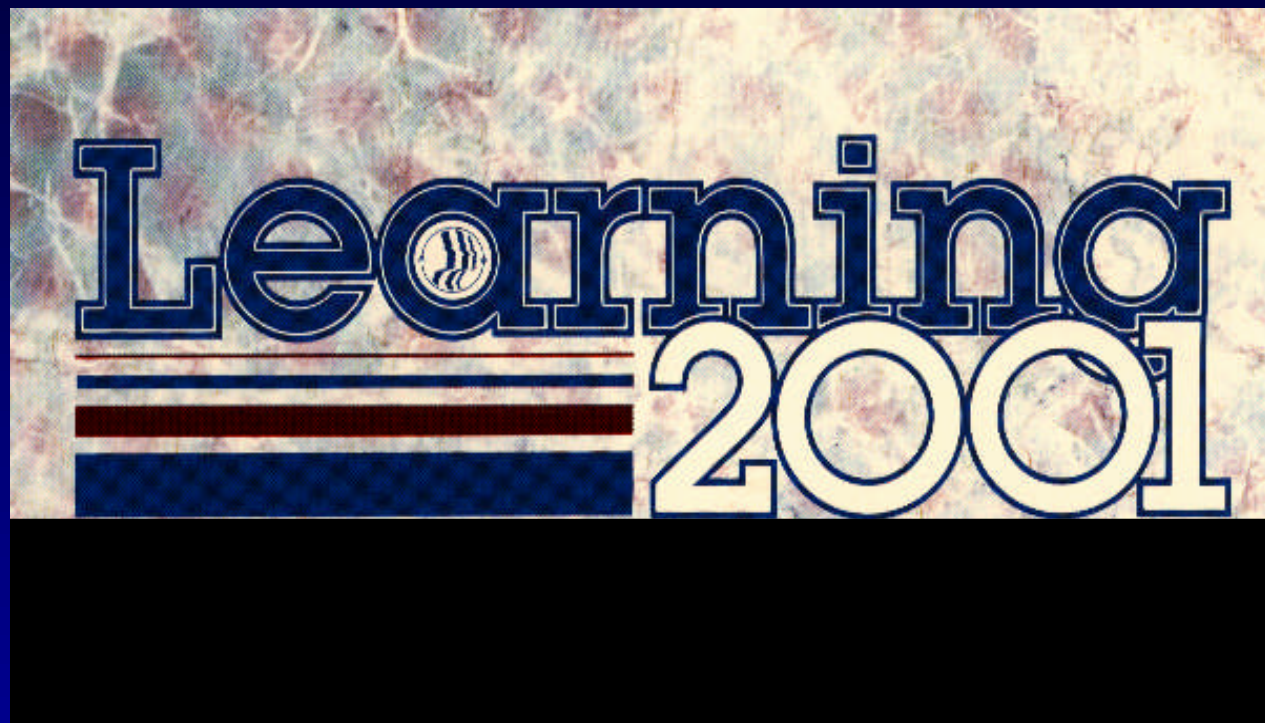
Volume 1, Number 1

First Edition

Carlson Learning Company Journal



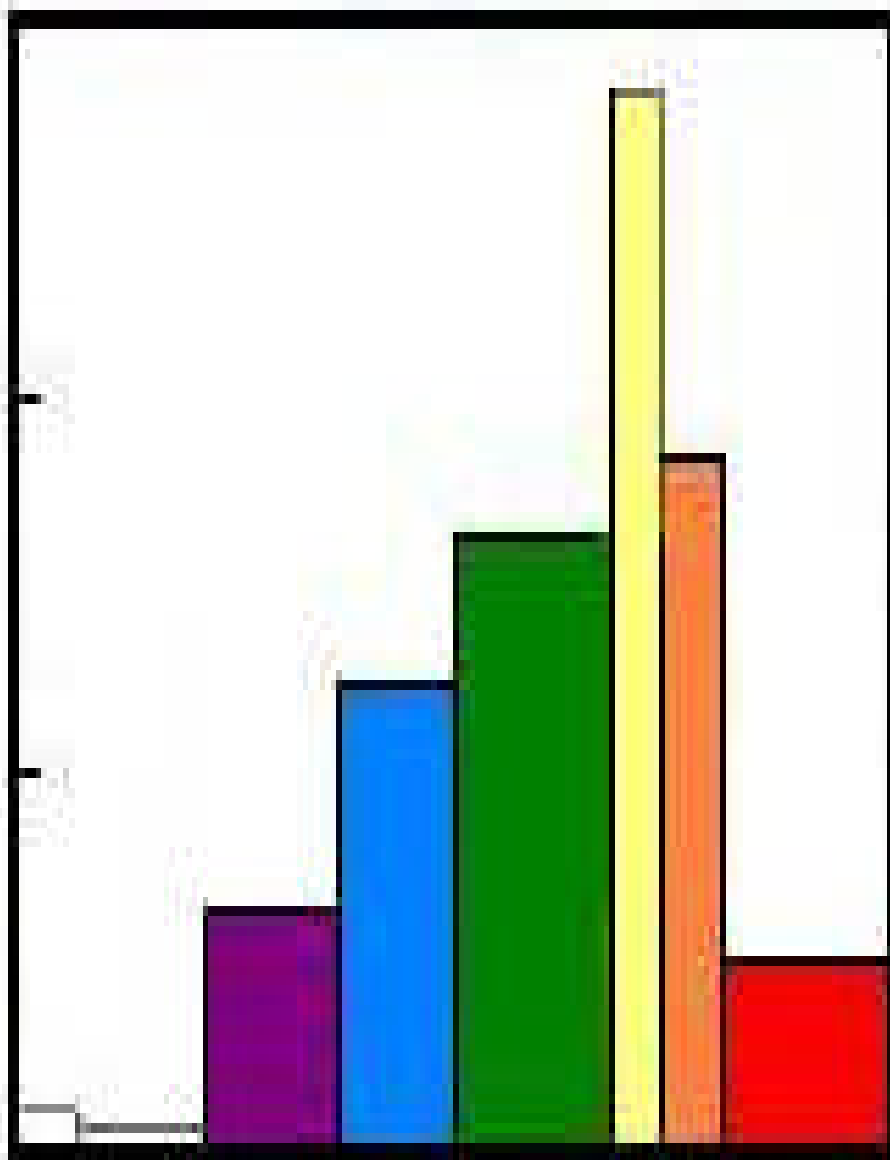




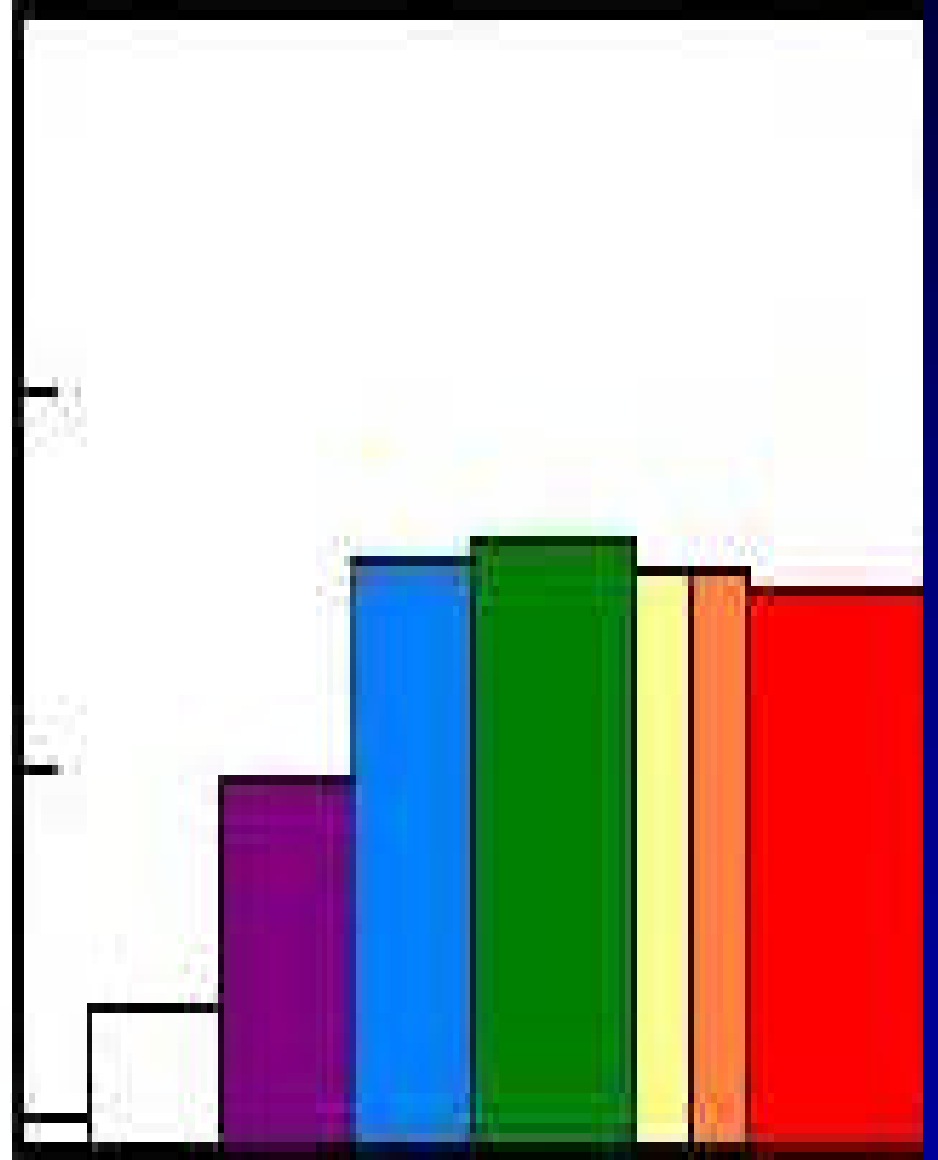
Full Spectrum Fluorescent Lighting

**Star Industries
11350 Brookpark Road
Cleveland, OH 44130
(800) EXCELLA**

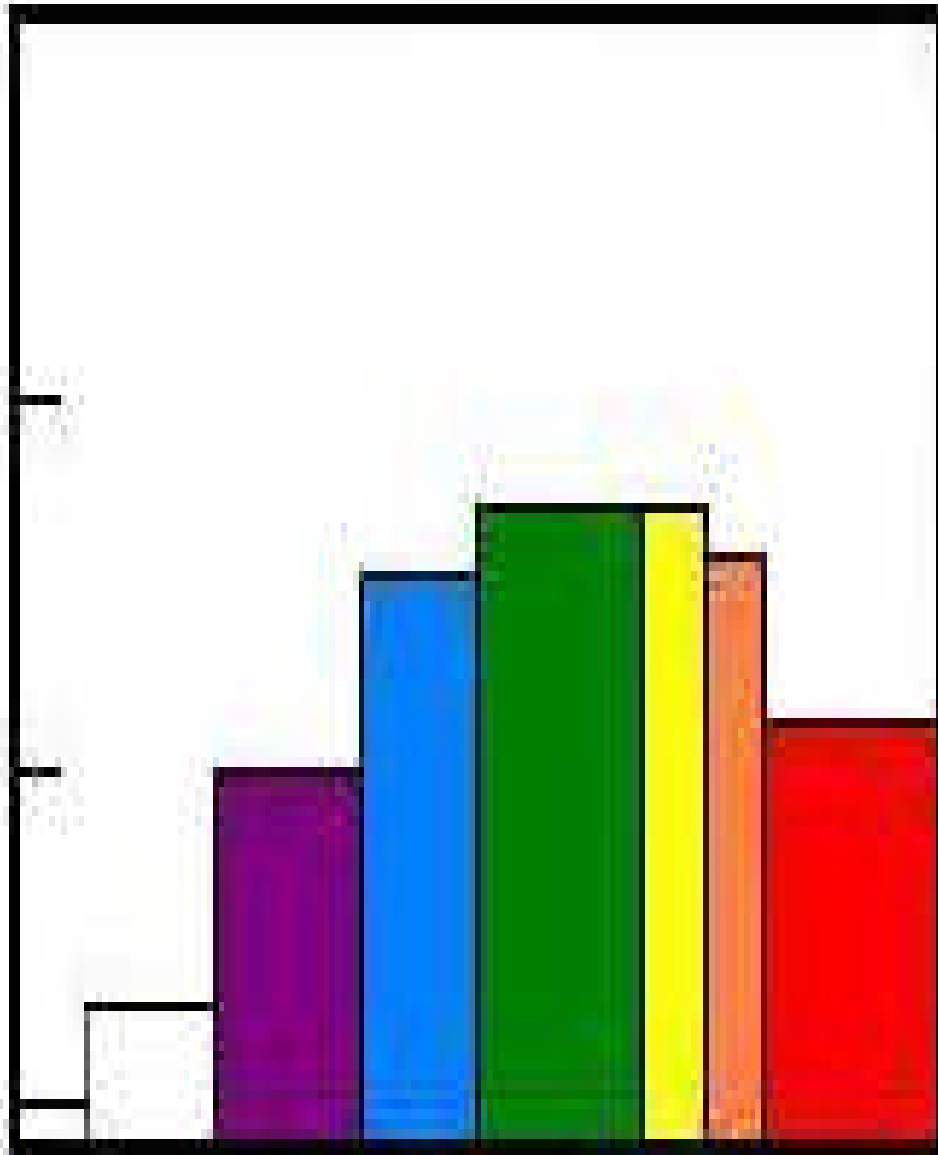
COOL WHITE FLUORESCENT TUBES



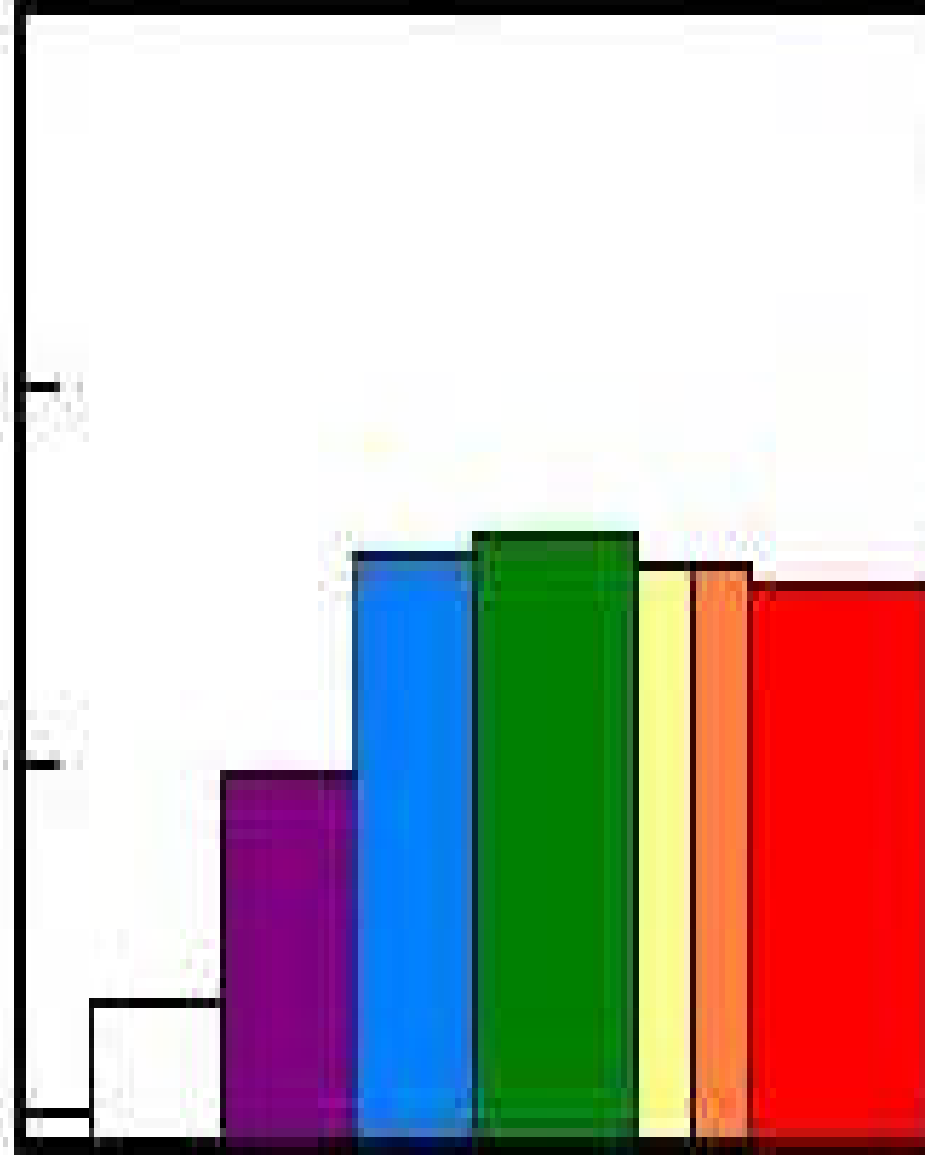
SUNLIGHT



FULL SPECTRUM FLUORESCENT TUBES



SUNLIGHT



Comparison

Cool White

Full Spectrum

Headaches
(per week)

50% report 3 or more
30% report none

0% report 3 or more
89% report none

Fatigue Factor
(by 4:00 p.m.)

60% - large amount

0% - large amount

Productivity
(by 4:00 p.m.)

30% report low levels
0% report high levels

0% report low levels
63% report high levels

The Same Principle Can
Shatter Kidney Stones.



11: DICTYOPTERA, the Mantids and Cockroaches (See entry nos. 34-37)

This order is divided into two closely related but distinctive suborders, Mantodea, the praying mantids, and Blattaria, the cockroaches. Each suborder is discussed separately here.

Suborder Mantodea: The praying mantids in many ways resemble the walkingsticks, but at the same time have features in common with cockroaches. Their body is elongate, cylindrical, slightly flattened, green or brown, rarely pink (resembling a flower), and ranging from 10-165 mm in length. The head is large, triangular, with large eyes; the thorax is elongate. The front legs, the most distinctive feature of these insects, are enlarged and modified for grasping prey. The second and third pairs of legs are slender. The wings are similar to those of the grasshoppers. The abdomen has short cerci.

Eggs are laid in masses in a distinctive egg case which is attached to vegetation. This is one of their similarities to cockroaches. The nymphs hatch out and are immediately predaceous, often feeding on each other before they disperse. They resemble the adults but lack wings. Nymphs and adults frequent vegetation in search of aphids, and flowers for larger insects, including flies, bees, and even butterflies, all of which they carefully stalk, finally grasping them with deadly accuracy.

Suborder Blattaria: The cockroaches are generally despised, in contrast to their cousins, the praying mantids. Some of the tropical species of cockroaches are 15 cm in length, but most species range between 10-50 mm. Their bodies are oval, flattened, and usually brown or black, but some of the tropical species are marked with white and yellow spots. The head is usually partly covered by the pronotum of the thorax; their eyes are large and the antennae long, filiform. Cockroaches have chewing mouthparts. Most species have two pairs of wings similar to those of grasshoppers, but others are wingless. The abdomen has short apical cerci. Their eggs are laid in an ootheca, or egg case, similar to that of the mantids. The nymphs resemble the adults but are wingless.

movement was strengthening and the backhand weakening. The reason for the weakening effect of the backhand stroke is that it is a type of movement that causes *switching*, an unbalancing of the signals between the left and right hemispheres of the brain.

Switching produces a confusion in the body, resulting in stress and a weakening of energy. Among the other body movements that can switch a person are typical jumping jacks, in which arm and leg movements mirror each other exactly. This kind of movement is called *homolateral*. Any movement in which the arm and leg on the same side of the body move in unison will weaken the system. Doing jumping jacks differently, starting with the arms together above the head while the legs are apart, turns it into a *heterolateral* movement. This movement does not switch our brain hemispheres and, thus, is not weakening. Also, the tongue at the roof of the mouth will prevent the homolateral movement from weakening the body.

I suggested the tongue-up technique to a bicycle racer who was skeptical about it. Shortly afterwards, he was in a race and became tired, so he decided to put his tongue up. He went on to win the race! Another man, a middle-aged runner who competes in five-mile races, noticed a marked improvement in his racing time and the ease of running after he started keeping his tongue up all the time. And I've also had lots of feedback from golfers. One reported driving the ball 35 yards farther just by keeping his tongue up. Others have reported they are able to drive balls much, much farther than they ever did before.

The information highway will mean amazing savings of time and money and irritation. No longer will departments of big organizations have to waste time and postage sending information to their small-town branches. Just update the information one time on the master computer and the correct answers are immediately available to anybody in the state... anybody on the information highway.

Law-breakers can be arraigned by video... saving time and money on transportation and... reducing the risk of prisoner escape.

You may find that you can accomplish your work at home... or travel to your office fewer times each week... since the specialized information and professional contacts you need are as near as the telecommunications line going into your house.

No matter where you live... your doctor will be able to consult with the leading specialist in the state or the nation... a specialist who can talk to you and your doctor by telephone and television while checking your vital signs and x-rays by high-speed computer imaging. Telemedicine is already improving care and reducing costs.

With the information highway, our entire work force... and those who wish to join the work force... will be able to get professional training faster and easier than ever before. More services for more consumers. More competitive advantage for businesses and industries hooked to the information highway.

We predict the information highway will improve economic development in our state. Many resources and services will be available to all communities, helping rural areas attract new businesses and new jobs.

You probably should be aware that Congress and the Administration have taken a great interest in the information highway. President Clinton has proposed building a National Information Infrastructure and has introduced legislation to support that goal.

Typed Without Halpern Music

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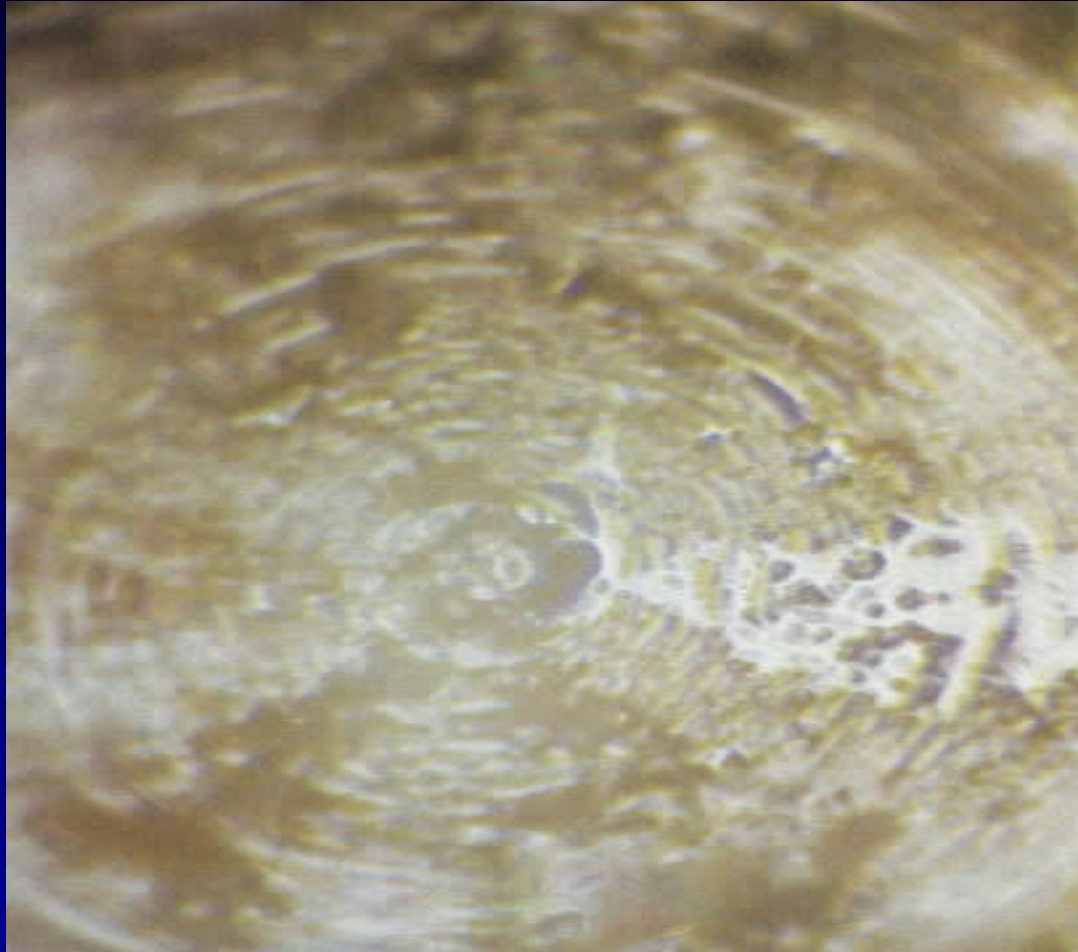
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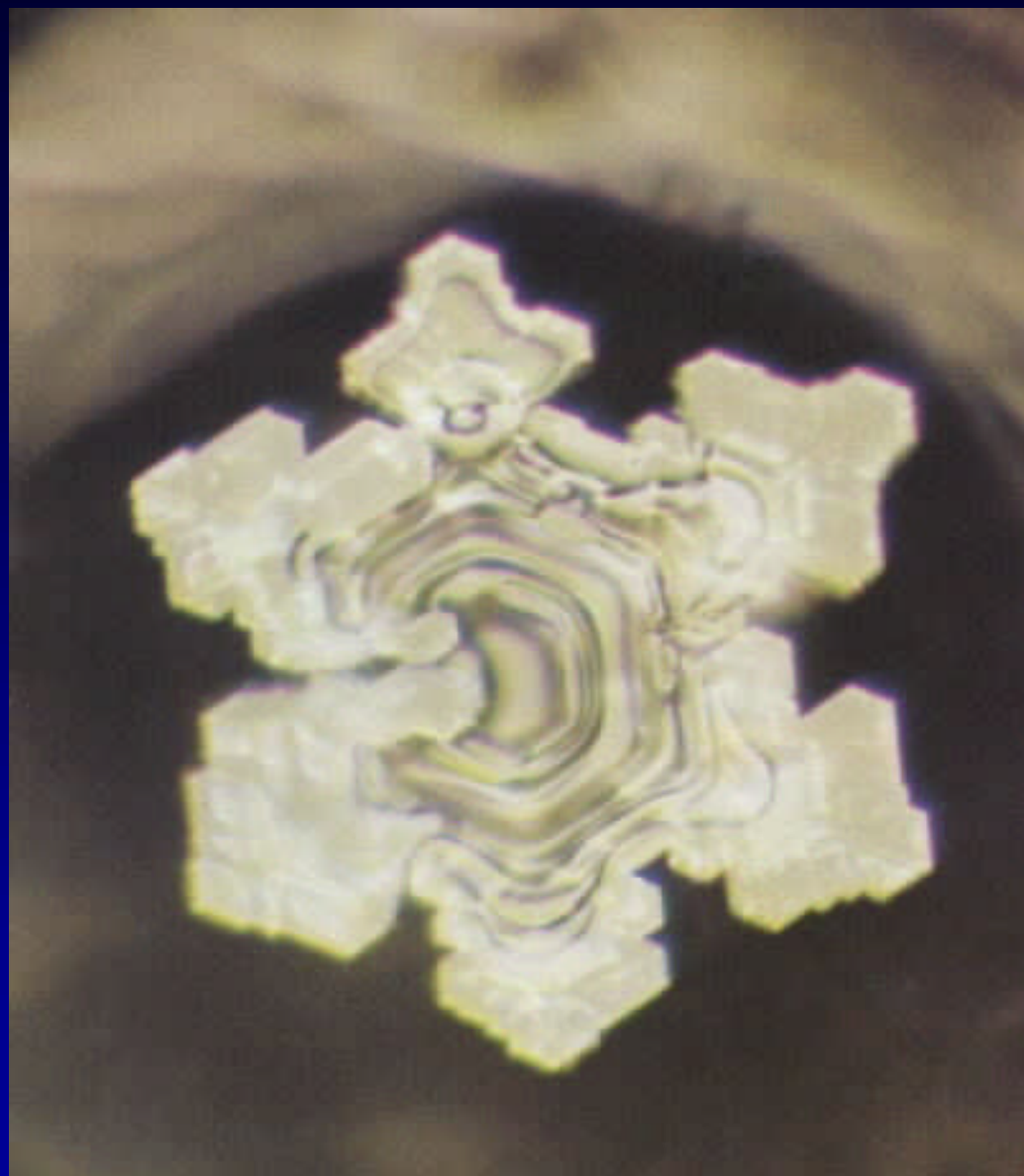
B

Typed With Halpern Music

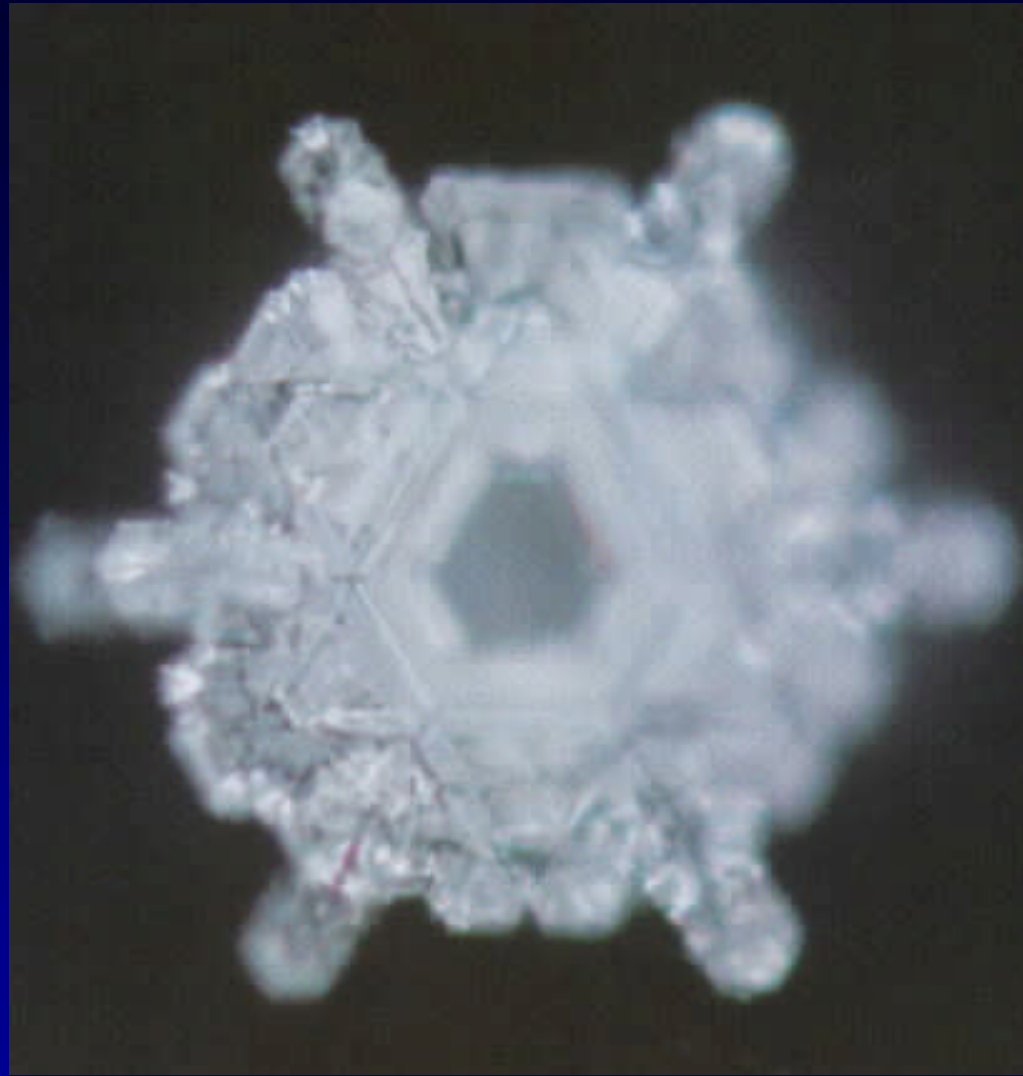
The Hidden Messages In Water
by Masaru Emoto



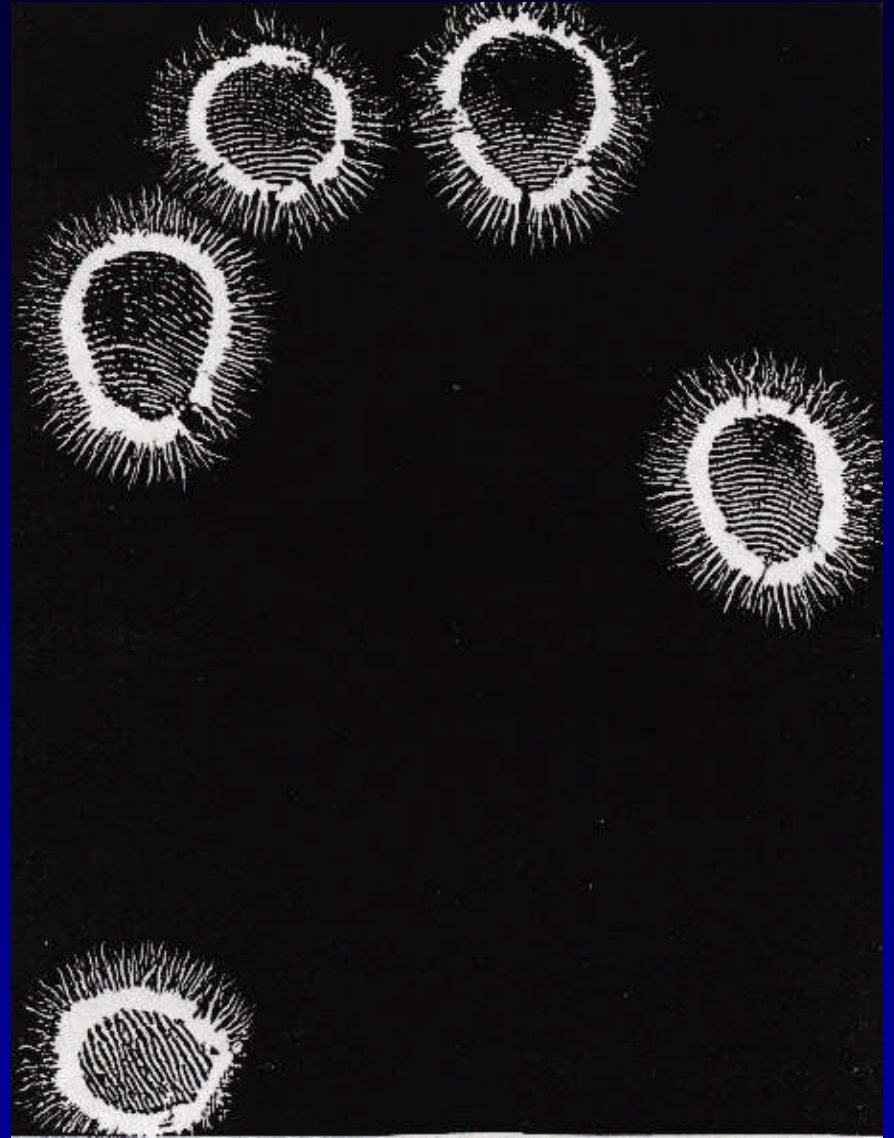
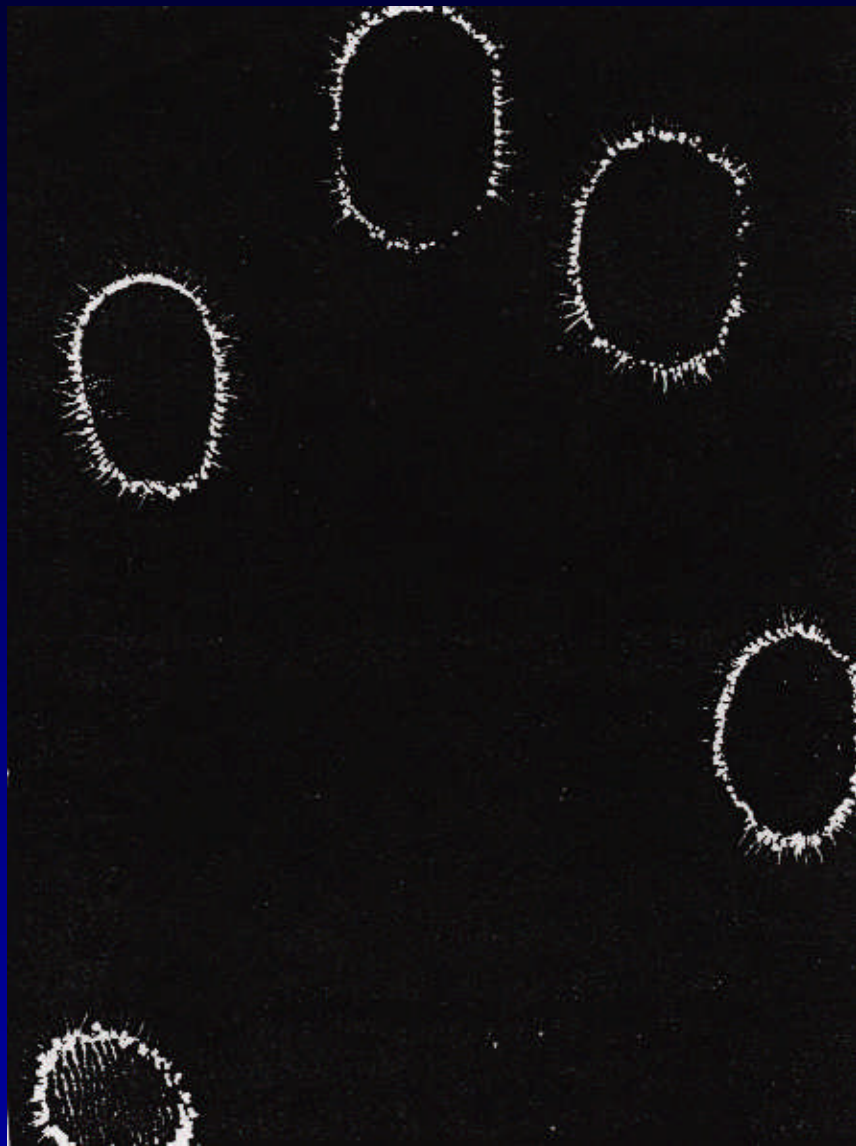
Heavy Metal Music



Mozart Symphony 40



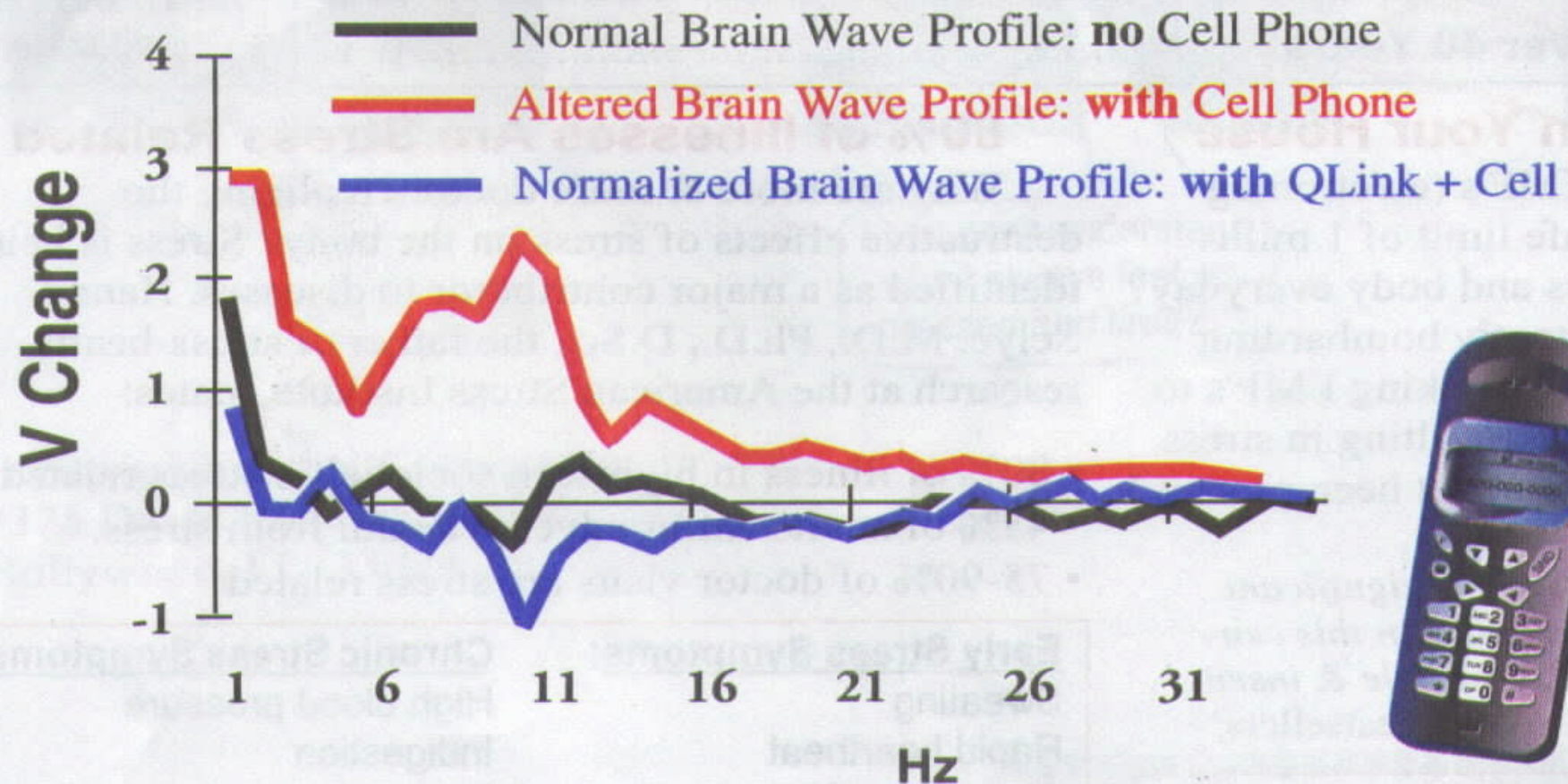
The Beetles - Yesterday



This Is Your Brain on a Cell Phone!: Brainwave EEG

QLink Reduces Effects of Cell Phone EMF on Human Brain Cells

New Published Research by: Imperial College, London and University of Wollongong, Australia



The grand-mean change over time in resting EEG frequency
(*The Journal of Alternative and Complementary Medicine*, Vol.8 issue 4)

Fight Defensively With Kinesiology

- **Thump your thymus**
- **Place your tongue at the roof of your mouth**
- **Ask your opponent to smile**
- **Frown at your opponent**



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www.Teplitz.com

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